What we do in liturgy should model what we do home.

How do you live a life of thankfulness and hospitality in your home?

The purpose of Eucharist is not to create a community closed off from the world, but to sustain one that embraces it, fully and boldly. (Nathan Mitchell)

*In what ways do you take what you've received – the body and blood of Christ – into the world?* 

Be what you see, receive what you are. (Hippolytus)

How are the Body and Blood of Christ for others?

## VII. Prayer of Blessing for EMHC

The following may be prayed as a closing prayer:

Bountiful and compassionate God, you place in the hands of you rdisciples the food of life.

Nourish us at your holy table, that we may bear Christ to others and share with them the gifts we have so richly received.

We make our prayer through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God for ever and ever. Amen.